The Skill of Giving

**0.25 ECTS CEMS Skills Seminar  
at SGH Warsaw School of Economics**

Purpose:

CEMS students agree to follow strong value guidelines as part of inclusion in the community. With this skill ’seminar’ the intention is to allow the student to actively demonstrate the side of his/her that is generous and unselfish, and consciously reflect on the many positive ’soft’ qualities that he/she will bring to his/her future professional and leadership roles.

Requirements:

* The student is required to formulate his/her own active giving contribution.
* This can involve co- operation with a charity or help organization or it can be independently arranged.
* The student can work alone or in a group.
* The giving can be volunteer work (charity or social work) of any form. It is ok if the student continue with an activity that he/she has been active with prior to the school term, as long as it is ongoing.
* A minimum of 4 hours of contribution is required, although of course there is no upper limit.

The student finds their own project and documents the activity.

Submission procedure:

1. ***Documentation of the activity:***

* ***Template form to be filled in with a* description provided by the student and institution contact details,**
* **a formal, verifiable certificate or statement from the institution/NGO’s beneficiary (send from institutions official e-mail or signed and send by scan)**
* **personal clear documentation, for example in a series of photos or a short film.**

1. ***An individual reflection paper* (approximately 950 – 1050 words but can be longer) where the learning gained from the experience is described. In particular, how the student believes that the experience and the qualities that he/she drew on (for example acceptance, generosity) impact him/her and will be incorporated in his/hers future professional and leadership roles.**

Please submit to [cems@sgh.waw.pl](mailto:cems@sgh.waw.pl%20)  till end of each semester to gain credit for the semester.